

✦ Birthing an Ancient Future 2.0

Psychedelic- Assisted Fall Equinox Gathering
Multidisciplinary Psychedelic Council- Temple of the Peoples -

Sept. 20 - 22, 2023,
Greater Amsterdam,
Netherlands



www.birthinganancientfuture.com



Psilocybin- Assisted Fall Equinox Gathering

We are calling in like-minded wisdom carriers and wisdom keepers from all directions and all traditions to co-create with **birthing an Ancient Future 2.0 - Psilocybin-Assisted Fall Equinox Gathering - a Transformational Wisdom Field Visionary Inquiry** in celebration of **the Fall Equinox** (in the Southern Hemisphere, the Spring Equinox). The intention is to bridge ancient wisdom traditions and modern psychedelic science.



Vision

With the Multidisciplinary Psychedelic Council 2.0, we aim to interweave further transgenerational, transcultural, indigenous, spiritual, deep ecology, creative-intimate perspectives, and psychedelic science for the greater good. We are in the birthing process of a new renaissance, including the psychedelic renaissance.

We invite you to join forces and co-create diverse future projects by intertwining global representations and local initiatives with peaceful, compassionate, courageous activism to birth a New Eleusis through Intimate Earth Stewardship.

With this Gathering, we intend to evoke pathways of awakening the Sacredness inside and outside of us, where Nature, art, and psychedelic science, technology, and spirituality unite in the search for new evolutionary developments for humanity.

The temple is within us – in a symbolic sense, the inner temple represents the sacredness of our life and body. Such a view integrates a multidimensional approach to intimacy – in-to-me-see - and sexuality in its broadest sense - as human beings in harmony and integrity in the world as lovers and sexual erotic beings.



Program

20th - 22nd of September 2023



At the core of the gathering is a **Cacao Ceremony** and a **Legal Psilocybin Assisted Truffle Ceremony**. The Ceremony will be accompanied by **traditional medicine music and modern soundscapes of live musicians, art, movement, and Nature rituals**.

We will be immersed in a **Sacred Land Sanctuary Retreat Center**, 1,5 hours North-East outside Amsterdam Schiphol Airport, NL.

We stay together for **2 days/2-nights in the Retreat Center**, which gives us possibilities for dreaming together further during sleep, as used in the **dream incubation** in the Temples of Delphi, and **in group work processes** during daytime and in the Ceremonies.

The **Morning After Integration Process** focuses on sharing and weaving individual experiences with collective insights into new understandings – towards a New Eleusis of human life in Intimate Earth Stewardship.

The Organizing Team will moderate, contain, and safeguard the whole process of this gathering, including the event lead/organizer Dr. Regina U. Hess, with experienced guides and space holders who assist and support the journeying participants. The dosages will be in the moderate range. The organizing team provides professional contacts for the aftermath if further integration is needed.



Program Highlights



Wednesday 20th

Shuttle pick up - Schiphol Airport - 13.00
Registration + time to settle in
Bodywork, network connection, group cohesion
Cacao ceremony with live music
Dancing
Group sharing + setting intentions
Building a dreamscape together for the night

Thursday 21st

Outdoor rituals in nature
Working with the elements and the ancestors
Dance movement and bodywork
Co-creative collective work
Water ritual at the lake of the sacred landscape
Truffle ceremony with live music and medicine songs, soundscapes
Midnight dinner and celebration around the fire

Friday 22nd

Guided group integration process with creative expression
Nature walk and group sharing
Live music
Closing Fire ritual
Shuttle pick up to Schiphol Airport 14.00





Application Procedure

1. Short Online Questionnaire

We explore your eligibility for participation from the medical/psychological level as a comparably average healthy participant with a stable living situation within a short online questionnaire and invite you to share some of your background and intention for participation.

2. Short Online Pre-screening

We will offer a short online dialogue including your previous psychedelic experiences, knowledge, and specific wisdom and interest you bring as a participant to co-create this gathering.

Eligibility of Participation will be required to create a safe and ethically sound setting. The data are confidential and collected by the organizing team.

[APPLY NOW](#)

3. Registration and Buy your Ticket

When accepted for participation, you must register for the event, including buying your ticket to reserve your spot. Further information and instructions will be forwarded once your registration and ticket payment are received.

[GET YOUR TICKET](#)



PRICE DETAILS



- 2-nights Accommodation in a glamping tent



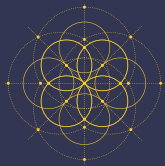
- Full-Board Vegan Organic Delicacies (Wednesday, Thursday and Friday)



- Shuttle bus from Schiphol Airport (Wednesday, 20th, at 13.00) and to Schiphol Airport (Friday, 22nd, at 14.00)



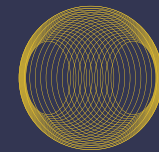
- Live Music Transcultural Medicine Songs and Trance Sound Scapes



- Cacao Ceremony Day 1 & Truffle Ceremony Day 2



- Outdoor/Indoor Group Process Work, Movement, Dance, Art



- Guided Integration Process Day 3



Necessary Preparation



Please take time of contemplation as preparation for this psychospiritual-Nature journey.

The more you prepare and immerse yourself, the more you can contribute and can get out of this initiative. It needs your dedication, determination, passion, surrender, and pro-active participation – it is nothing to consume – but only to co-create and co-share.

In the preparation phase until the gathering, please create a place on your altar or a separate shrine for this rite of Passage – in your unique way, where you can place certain objects related to your contemplation – so it can become like a constellation of objects, or like a collage, or a sculpture.

- **A light diet of a minimum of 2 weeks** before is highly recommended.
- Bring **notebook, paper, crayons** and **materials for creative expression**
- Bring **offerings for the altar**, such as natural candles and flowers, especially the abundance of roses
- Wear comfortable but beautiful **ceremonial clothes**, from natural materials, light colours, and a long dress or skirt (recommended for women).
- Bring **clothes suitable for different weather conditions and outdoor rituals**, and a **professional blindfold** where you can have your eyes open inside to enhance the impact of darkness meditation – such as from the brand “Mindfold”. You find it on the internet. It is essential, and I wish that you bring that special mask to go deeper in the process.





Venue

Sacred Land Sanctuary Retreat Center

The Psilocybin-Assisted Fall Equinox Retreat will be held in a Retreat Center about one hour from Amsterdam located in a sacred land Nature Reserve providing deep interaction with Nature, spacious outdoor rituals with all elements, and a safe, peaceful ceremonial space in a house and with accommodation.

The full board provides a solid grounding through freshly crafted organic vegan food delicacies.

The address details of the venue are provided for selected registered participants.

We look forward to this next co-creative and evocative collaborative gathering Birthing an Ancient Future – Multidisciplinary Psychedelic Council 2.0 – to weave the Temple of the Peoples further – only together can we!





Visionary Lead - Regina U. Hess, PhD

Dr. Regina U. Hess lives near The Hague, Netherlands, and works globally. She is a clinical psychologist from Germany and holds a joint Ph.D. in transpersonal psychology (USA) and embodied phenomenology (UK). She is a body-centered Gestalt psychotherapist, creative therapist, transpersonal psychotherapist, and supervisor. Regina has a broad experience in humanitarian fieldwork and research on global health issues. She is the founder/director of the ASE World Forum. Ancient Wisdom meets Modern Science, a specialist in working on the transformation of pre-and perinatal, individual, and collective/transgenerational transcultural trauma and the integration of the therapeutic-shamanic use of altered states of consciousness, with a specific focus on integrating Deep Ecology/Deep Feminine Principles, including sacred intimacy and sexuality, and women's councils. Regina is faculty at international universities such as the Alef Trust, UK, and transpersonal educational institutes and is an independent researcher. Dr. Regina U. Hess is on the Board of Directors of the EUROTAS Global Transpersonal Network and the International Transpersonal Association and is Vice President of the European Transpersonal Association. She co-founded the international Transpersonal Research Network and the EUROTAS Transpersonal Research. She is a member of the Swiss Medical Society for Psycholytic Therapy and the psychedelic psychotherapy training team and co-developer/facilitator of the MIND European Foundation for Psychedelic Science 'Beyond Experience Integration Program.' Regina recently founded the global initiative Birthing an Ancient Future - Temple of the Peoples - Multidisciplinary Psychedelic Council - From and to all Directions – For all Relations – bridging ancient wisdom traditions and modern psychedelic science with art and nature immersion.

Email: dr.reginahess@gmail.com

Webpages: www.drreginahess.com

Publications <https://independent.academia.edu/DrReginaUHess>

Contact Us

www.birthinganancientfuture.com

info@birthinganancientfuture.com



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